

The Joy in Being Able

For Trombone and Piano

Norman Bolter
May 2000

$\text{♩} = 108$ Freely and Moving

Trombone

12

17

23

29

34

38

mf

f

mp reflective

a tempo

mp

rit.

Excerpt from the program notes for "The Joy In Being Able."

"The title of this piece originally turned up during a musical adventure with some very special friends. Whilst we all were playing with a new musical experiment, one of us suddenly caught the way of it and at that very moment, a wise friend quietly reflected, "There is a joy in being able." And we all felt it, because humans do.

Sometimes this joy in being able does not come right away. We then have the joy in being able to work for it, from the wish and want for it to be so. Because this composition is not overly 'notey,' meaning there are not a lot of fast passages, the player should be encouraged to journey beyond the technical into the realms of joy in being able to connect to 'music as a living thing,' and to discover what this is and can be for one's own life."

Norman Bolter and Carol Viera